



**Ageing  
Positively**  
in Casey



Victoria's Largest and Most Vibrant Municipality

# Why the Ageing Positively in Casey Plan?



Victoria's Largest and Most Vibrant Municipality

# Demographic Profile





Victoria's Largest and Most Vibrant Municipality



Department for Victorian Communities



Victoria's Largest and Most Vibrant Municipality

Office of Senior Victorians

# Positive Ageing

A strategy for current and future Senior Victorians

2008

LOCAL GOVERNMENT ASSOCIATION

ACTIVE AGEING: A POLICY FRAMEWORK

Ageing network

World Health Organization  
Noncommunicable Diseases and Mental Health Cluster  
Noncommunicable Disease Prevention and Health Promotion Department  
Ageing and Life Course

# World Assembly on Ageing

2002

## National Strategy for an Ageing Australia

An Older Australia, Challenges and Opportunities for all

The Hon Kevin Andrews MP, Minister for Ageing

City of Casey Council Plan 2004-2008



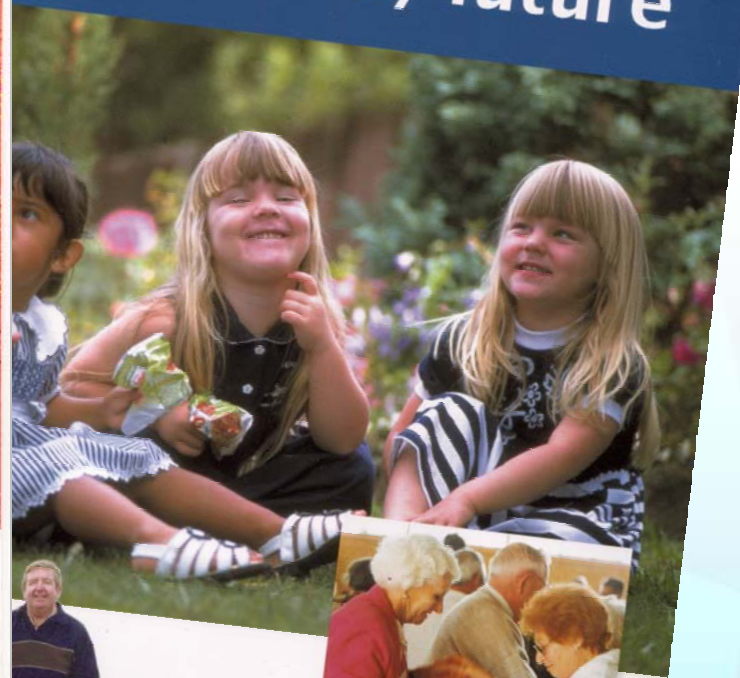
Vision for the future - "what we want to achieve" A place  
\* Cultural and economic opportunity

**Safer Casey**

A Plan for  
Community Safety



a healthy casey...  
a healthy future



**Casey Transport Strategy  
Policy and Action Framework**



June 2005



Casey Public Health Plan 2002-2008  
Working Together for a Healthier Casey



Victoria's Largest and Most Vibrant Municipality

# Research methodology

Phase 1: Literature review

Phase 2: Consultation with residents  
and community agencies

Phase 3: Identification of key issues

Phase 4: Development of strategies

# Issue Identification

**Theme 1 : Financial Wellbeing**

**Theme 2 : Living in the Community**

**Theme 3 : Participation in Families & Community**

**Theme 4 : Improving & Maintaining Health**

**Theme 5 : Mobility & Transport**

**Theme 6 : Employment & Training**



# Research opportunities

- **What do people believe they need to remain living independently in the community?**
- **Do home and community care services (HACC) prevent premature entry to residential care? What variables contribute to the success of the HACC program?**
- **How can the interface between HACC services and health promotion contribute to healthy ageing?**
- **Grand parenting – how has the grand parenting role changed in the last 5-10 years and what impact does this have on healthy and successful ageing?**

# Research opportunities

- **Physical activity programs:**
  - **Older men**
  - **People from culturally and linguistically diverse communities**
- **“Housing is a health issue”:**
  - do older residents in Casey have a choice in diversity of accommodation (retirement living not residential care) and how does this impact on health and well being?
  - what models of affordable community housing would be suitable for older residents?
  - do older residents age positively in retirement villages as opposed to living in the broader community?
  - what impact do retirement villages have on the broader community?

# Casey - a great place to age positively



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